

Example of a Timed Outline

Time Increments: 5 to 10 minutes for a course under 4 hours

Time Increments: 5, 10, and 15 minutes for a course 5 hours or more

50 Minutes = 1 credit hours which allows for 10-minute optional breaks per hour.

Course Title

I.	First main subject	5 min
	A. Discussion subject	
	B. Discussion subject	
	C. Discussion subject	
II.	First main subject	
	A. Discussion subject	10 min
	1. Example	10 min
	2. Example	5 min
	B. Discussion subject	10 min
III.	Second main subject	
	A. Discussion subject	5 min
	3. Example	5 min
	Total Time	60 min