

# Save On Many Free Preventive Health Services From Medicare!



Preventive Service	How Often Allowed	Additional Details
Abdominal Aortic Aneurysm Screening	Once after “Welcome to Medicare” initial exam if at risk	Covered at 100%
Alcohol Misuse Screening and Counseling	Once per year	Covered at 100%
Annual Wellness Visit (Not a full physical prevention planning)	Every 12 months if more than twelve months after “Welcome to Medicare”	Covered at 100%
Bone Mass Measurement	Once in 24 months (unless medically necessary)	Covered at 100%
Cardiovascular Disease (Behavioral Therapy)	Once per year	Covered at 100%
Cardiovascular Screenings	Every 5 years if no apparent symptoms	Covered at 100%
Fecal Occult Blood Test	Every 12 months if 50+	Covered at 100%
Flexible Sigmoidoscopy	48 months or 120 months after previous screening if not high risk and 50+	Covered at 100%
Colonoscopy	120 months (or 24 months if high risk)	Covered at 100%
Barium Enema	48 months (or 24 months if high risk) if used instead of a colonoscopy	You pay 20% of the Medicare-Approved Amount after meeting the Part B deductible.
Depression Screening	Once per year	Covered at 100%
Diabetes Screenings	12 months (6 months if pre-diabetic)	Covered at 100%
Diabetes Self-Management Training	With MD order or referral	You pay 20% of the Medicare-Approved Amount after meeting the Part B deductible.
Flu-Shots	Once per season	Covered at 100%
Glaucoma Tests	Every 12 months if at high risk (eg. diabetic or family history)	You pay 20% of the Medicare-Approved Amount after meeting the Part B deductible.
Hepatitis B Shots	If medium or high risks - 3 injections	Covered at 100%
Hepatitis C Screening	Once-in-a-lifetime if born from 1945 to 1965 or annually if high risk	Covered at 100%

Continued on reverse ➔



Preventive Service	How Often Allowed	Additional Details
HIV Screening	Talk to your primary care physician for more information	Covered at 100%
Mammogram (screening)	Once a year after age 40	Covered at 100%
Low-Dose CT (LDCT) Lung Cancer Screening	Once per year if high risk	Covered at 100%
Medical Nutrition Therapy Services	With MD referral (3 hours counseling first year)	You pay 20% of the Medicare-Approved Amount after meeting the Part B deductible.
Obesity Screening and Counseling	Talk to your primary care physician for more information	Covered at 100%
Pap Test and Pelvic Exam(w/ breast exam)	24 months (or 12 months if high risk)	Covered at 100%
Physical Exam "Welcome to Medicare"	Within first 12 months on Medicare B	Covered at 100%
Pneumococcal Shot	Usually once - more if MD approves	Covered at 100%
Prostate Cancer Screenings (Digital Rectal Exam and PSA Test)	Digital Rectal Exam: and free PSA Test every 12 month for men over 50	You pay 20% of the Medicare-Approved Amount after meeting the Part B deductible.
Sexually Transmitted Infections Screening and Counseling	Once per year and 2 counseling sessions	Covered at 100%
Shingles Vaccine (Herpes Zoster)	Once - May need to bring from pharmacy to get cheapest cost because covered by Part D	The shingles vaccination will only be covered if you have a Medicare Part D Prescription Drug Plan. The amount you pay for the vaccination varies by plan. Medicare part B does NOT cover the shingles vaccine.
Tobacco Use Cessation Counseling	8 visits in a 12 month period	You pay 20% of the Medicare-Approved Amount after meeting the Part B deductible.



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